

Supporting
Booth Hall & Pendlebury
Children's Hospitals



Booth Hall Boots Are Made For Walking!

Children born with club foot (Congenital talipes) are now being treated at Booth Hall Children's Hospital with an American technique that enables them to grow and play normally alongside their friends.

The treatment is known as the Ponseti technique and means that the club foot may be corrected without surgery in up to 90 per cent of affected infants. Under the supervision of consultant Naomi Davis, the method uses a combination of external manipulation and plaster casts to correct soft tissue

abnormalities and gently brings the foot into proper alignment. The doctor makes a simple incision, often under local anaesthetic, that releases the Achilles tendon, which usually re-attaches in two to three weeks.

This is a minor procedure compared with the more traditional extensive surgery which involves more invasive surgery and longer recovery times.

After the procedure, children wear special boots with a bar affixed to the bottom, which rotates the foot away from the body to keep the correction as the foot grows. The boots are worn full time for around three months and then only at night until the child is a few years old, which means that a child can develop their natural walking skills without any hindrance.

One of Naomi's patients is young Lewis Wright aged 3 months, who is being treated with his Booth Hall Boots at the moment. His older sister Samantha, aged 12, was so delighted with his care that she organised a sponsored read in front of her whole senior school and raised nearly £500 for the hospital to use to help other children in the future.



Baby Lewis Wright in his Booth Hall boots.

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thank you

MANCHESTER
CHILDREN'S
HOSPITALS CHARITY

A few famous faces!

At Booth Hall and Pendlebury Hospitals, we are extremely fortunate in having many high profile celebrities who know that a visit can bring a smile to the face of our patients. Many are familiar faces to our staff as they enjoy popping in so often!

Sometimes the visits are kept very low key, but often we take photos to give the children as a "souvenir" of when they met their sports hero or favourite soap opera character.

Recently we were visited by players from Manchester City, Manchester United and Bolton Wanderers Football Clubs, as well as Gail (Helen Worth) and Hayley (Julie Hesmondhalgh) from Coronation Street. Even Belle from Disney's Beauty & The Beast came along to brighten up the faces of our younger patients!



Red or Blue? It's still thanks to you!

At the end of the current football season, Manchester City Football Club will be leaving their home at Maine Road for a brand new stadium in East Manchester. To mark this momentous season their "End of an Era" theme involves supporting a number of charities and we are delighted that Pendlebury Hospital remains one of their favourites!



continue with their ongoing support for a number of vital projects at Pendlebury Hospital. Each month we benefit from their regular donation, allowing us to commit to the future needs of the children we treat.

Challenge Yourself To Help Others

A charity challenge is a way of raising funds for charity through a sponsored sporting event, and through inspiring the participants to meet a reasonable fundraising target we can raise large amounts of money as well as raising the profile of the Children's Hospitals.

We are putting together two challenge events which we know will excite and encourage many of you to join us!

For those who believe their boots are made for walking, then that's just what we'll do! Join us as we hike through the Grand Canyon, along the West Rim to Hermit's Rest, descending over 3000 feet to the Havasupai Indian Reservation before finally kayaking along a stretch of the Colorado River. This challenge of a lifetime will take place in May 2004 so you have plenty of time to get your fundraising plan into action!

Some of you may prefer to take your challenges sitting down – but we're sure you'll be tempted to add a little pedal power when you consider spending four days cycling around Lake Constance through Austria, Switzerland and Germany. This challenge will take place in June 2004, so start polishing your cycle clips!

Both these challenge events require a reasonable level of fitness, but we will be arranging plenty of training sessions to help you get into good shape! And of course we'll give you lots of support to help you achieve your fundraising target.

Places on both trips will be limited so please ensure that you register as soon as possible and you'll be joining us in raising vital money for Booth Hall and Pendlebury Children's Hospitals. Please call the charity office on 0161 727 2217 for further information.



How you can increase your donation at no extra cost

For every £1 you donate to the Central Manchester or Manchester Children's Hospitals Charity, we can reclaim the tax to increase your donation through the Gift Aid scheme. There's no extra cost to you – all you have to do is make a declaration. This means that you confirm that you are a UK tax payer and that it is alright for us to reclaim the tax. All personal donations qualify – large or small, regular or one-off, and whatever method of payment.

Using Gift Aid means that for every pound you give, the charity will receive an extra 28 pence from the Inland Revenue, helping your donation go even further.

For example, £100 can be turned into £128 just so long as donations are made through Gift Aid. Imagine what a difference that could make, and it doesn't cost you a thing.

The Government even allows us to reclaim Gift Aid on donations made as far back as April 2000, so you can now increase the size of your previous support by simply signing your name!

So if you want your donation to go further, Gift Aid it. Just complete the form on the back page of this newsletter and send it back to us. Many thanks for your support!

Recently we received a cheque for a fabulous £1,000 and of course the chance to meet some of the club's star players – how many do you recognise?

For those Red Devils amongst us, a huge thank you to all the fans who buy the lottery scratch cards at the games you attend – this enable the Manchester United Development Association to

Swing Those Pants!



Who wears the trousers in your home? And would they be willing to swap them for a day in order to help raise money for Booth Hall and Pendlebury Children's Hospitals?

Our annual Wallace and Gromit Wrong Trousers Day is due to take place on July 4th 2003 and we are looking for schools, offices, businesses and individuals to take part!

Quite simply, for a minimum donation of £1 each you can wear your wackiest or most unsuitable trousers for a whole day and the money raised will go towards helping the children who use our hospitals.

Last year's event was another great success with thousands of people across the North West taking part to raise money for both Children's Hospitals. The money went towards the creation of an Adolescent Unit in Booth Hall's Out Patient's Department and also helped to update and upgrade our Computer Club across both sites, providing an important communal meeting place for our teenage patients.

For more information about taking part this year please call Pat Whiteside at the charity office on 0161 727 2217.

Open All Hours!

The Children's Hospitals at Booth Hall and Pendlebury are still leading the way in providing the highest standard of care for their young patients and that message has been supported by the Government with the news that they are to receive a major cash boost as part of a new plan to ensure that Manchester children continue to receive the best possible hospital care.

A total of £1.9 million, made up from the Strategic Health Authority and the Trust, has been allocated to make tangible improvements to children's services now and will also help to facilitate the smooth transition to the new children's hospital to be built by 2007.

Services at Booth Hall Hospital will be increased. Orthopaedic surgery, which includes operations for children with fractures and congenital abnormalities like dislocated hips, will be centred at Booth Hall as will day case surgery for children requiring grommets, hernia operations, etc. There will also be separate facilities for planned and emergency treatment. As part of the streamlining of services, inpatient facilities for cystic fibrosis will move to join outpatient services at Booth Hall.



Over at Pendlebury, facilities will also be upgraded. Currently children admitted for assessment in the acute referral unit need to be transferred by ambulance if they need intensive care treatment. Moving the acute referral unit to the main corridor of the hospital will mean resources can be deployed elsewhere. In addition a new high dependency unit will be created which will care for children who need special nursing and monitoring.

Donations Direct

We know that when you fundraise for us, you want your money to go directly to either Booth Hall or Pendlebury Children's Hospitals. Some people have supported us generously in the past, but then move on to other projects, which can lead to confusion for supporters of our hospitals as to where their donation will be spent.

If you hear of another charity, or an individual, who claims to support us, give us a ring first to check. There are still many worthwhile individuals and groups who continue to fund vital projects; we just want to ensure that your money goes directly where you want it spent!

What Others Are Up To...

The Bone Marrow Trust Fund

After 20 successful years, founder Peter Bramhall has given the hospital a commitment that will go beyond the transfer of services to the new hospital development. Part of this initiative is to set up a Counselling and Rehabilitation Service for patients and families going through a transplant or oncology work in the unit. So far the Trust Fund has sponsored a PhD student to carry out case studies and the results show clearly the need for such a service.

The GEM Appeal

The Winter Wonderland Ball at the Belfry Hotel in Cheshire was hosted by celebrity couple Denise Welch and Tim Healey, and raised over £7,000 for the appeal, which is funding research and treatment of rare life threatening genetic and metabolic disorders in children.

Manchester City Council

The Operational Services Department have donated £500 to Ward 6 at Booth Hall Children's Hospital. This money was raised from their staff lottery, and will go towards buying computer games for the children, as many of them have to spend a considerable time lying in traction on their beds.

Church of the Latter Day Saints

The congregation at Ashton Stake raised £6,500 to purchase five heated humidification units, which will help children and babies with problems such as cystic fibrosis, a new tracheostomy and bronchiolitis. The equipment will help avoid complications such as respiratory arrest and allow the young patients to quickly progress home.

Every Little Bit Helps...

Inspired by the plight of a 3 year old child who suffered severe head injuries following a fall from a bedroom window, Barbara Kelly from Sale, Cheshire, has been fundraising tirelessly for Pendlebury and Booth Hall for the last 20 years.

Initially providing patients with small, everyday comforts not usually available to a child in a hospital environment, Barbara, together with the her husband Bill, went on to organise hundreds of different fundraising events all over the North West and to date has raised over £100,000.

Amongst the many items she has provided for the two hospitals over the years are IVAC Machines which monitor fluid admissions, TV/Videos, emergency trolleys, computers and printers, special needs equipment and educational and therapeutic toys.

Barbara has demonstrated exceptional kindness and selflessness throughout her years of fundraising and on behalf of all the children who have benefited from her hard work and generosity we wish to express our sincere gratitude and appreciation to her and all of the people who have helped her over the years.

Pedal Power Pulls in the Pounds!

When 5 year old Emily Holden needs inspiration to help her through treatment for leukaemia she need look no further than her mum Carolyn for guidance. Emily was diagnosed shortly after her 4th birthday, and Carolyn set about fundraising to help other children who need vital treatment for leukaemia. To date, she has raised a phenomenal £42,000 which has come from a number of sources, including a three day cycle ride in Cumbria, auction promises, activities at Emily's school and also the family's local community just outside Kendal rallying together to help support the fundraising.

The money raised to date has been used to support leukaemia research and establish a leukaemia cell tissue bank. This will support research for many years to come.



Hannah's Story

Six month old Hannah is full of smiles and like every young child she is the centre of her parent's world. However, her parents are so delighted with all the help and support they have received from staff at Saint Mary's, Pendlebury and Booth Hall Hospitals that Hannah's father, John, has committed to fundraising for the hospitals on an on-going basis.

Hannah's story begins just four months into the pregnancy, when an ultrasound scan showed that she was suffering from Exomphalos Major, a condition where her liver and bowels were growing outside her body. The pregnancy was carefully monitored by staff at Saint Mary's Hospital for Women and Children in Manchester, and after a caesarean delivery Hannah spent several weeks on the Neo Natal Surgical Unit, where she was sedated and paralysed for the first four weeks. At just three weeks old paediatric surgeon Mr Bowen operated in order to try to replace some of the organs back into the abdominal cavity, but the liver had grown at a fast rate and there was no room for it to go back in.

Her father, John, picks up the story:

"A week later, Mr Davenport from Booth Hall Children's Hospital came over to Saint Mary's, and performed a skin graft on Hannah using skin from her right thigh to cover the exposed organs in order to stop infection. Once discharged from hospital, nurses from Saint Mary's visited our family at home to help change the dressings and now the wound has successfully healed. Hannah will need further surgery in the future, in order to put the liver and bowel back in and close over with muscle, and as an adult to help give her every chance to have children of her own."

Unrelated to her abdominal problems, the bones at the front of Hannah's skull have fused, leaving little room as her brain develops and grows. She has already undergone scans and under the care of Mr Leggate from Pendlebury Hospital she will have surgery within the next year to correct the problem.

Hannah's parents John and Ursula, have said that they couldn't have asked for any more from everyone involved in Hannah's care. They say that at times staff were unsure that their daughter may survive, but she's proven to be a real fighter. John's now ready to take on a few challenges of his own, such as parachuting with a group of his friends later this year, in order to raise money to say a huge thank you to the people who will help Hannah face her personal challenges.



We are sending this newsletter to you as in the past you have generously supported either Booth Hall or Pendlebury Children's Hospitals.

If you would prefer not to be contacted again please call our administration team on 0161 276 4522.

Toys Travel to Tots!

Travelcare at Salford are regular supporters of Pendlebury Hospital, and recently asked their customers to donate new toys and games to boost the supply we already have available for our young patients in the wards and clinics. We are delighted with their gifts, which have helped bring plenty of smiles to many young faces!

Events Diary...

- April 2nd** Theme night at Chicago Rock, Rochdale. Details from the GEM Appeal.
- May 5th** Sponsored walk in Rochdale, a gentle 13 mile walk with frequent hostelry breaks! Details from the GEM Appeal.
- May 6th** The Farokh Engineer Golf Classic at Mere Golf & Country Club. Golf teams of four are invited to play, with a mixed Gala Dinner in the evening with full entertainment programme. Details from the Wallness Children's Charity.
- May 11th** Gregg's North West Children's Cancer Run at Heaton Park, Manchester in aid of paediatric oncology and haematology research at Pendlebury Hospital. Details from any Gregg's shop or call 0161 231 9054.
- May 16th** Radio Lollipop Ball at the Midland Crowne Plaza, Manchester. Details from RMCH.
- May 29th** Celebrity Pool Competition with buffet and live entertainment at the Sports Café, Manchester. Details from Wallness Children's Charity.
- June 28th** Summer Ball at Rochdale Town Hall. Details from the GEM Appeal.
- July 4th** Our annual Wallace and Gromit Wrong Trousers Day. To register call our charity office on 0161 727 2217.
- July 5th** Chris Bisson's Celebrity Cricket Tournament followed by a Black and White Ball, with a James Bond theme. Five star celebrity studded event! Details from Wallness Children's Charity.
- July 10th** A Question of Sport evening at the Marriott Golf & Country Club, Worsley. Details from Wallness Children's Charity.
- September 4th** Manchester Children's Hospital Fylde Group 8th Golf Classic. Details from Vera Houstead on 01253 711657.
- September 7th** The Charnock Richard Charity Shield in aid of RMCH. Enquiries to Bill Threlfall on 01257 278480.
- September 27th** Richard O'Brien's Transfandango Talent Show at the Triangle, followed by a Transfandango Ball at the Palace Hotel, Manchester. High profile celebrity support! Details from Wallness Children's Charity.
- November 19th** Ladies Christmas Shoppe, Luncheon and Fashion show at Mere Golf & Country Club. Details from Wallness Children's Charity.

Wallness Children's Charity can be contacted on 0161 737 1203
The GEM Appeal can be contacted on 01706 715920

And a little further ahead...

- May 2004** Join us in a chance of a lifetime challenge to one of the most popular "must see" destinations in the world – the Grand Canyon! Trek your way into the Canyon, kayak down the Colorado River.
- June 2004** For those who like to use pedal power, join us for four days cycling around Lake Constance through Austria, Switzerland and Germany!

For details of both these events or if you would like to publicise your own events in the next issue of the newsletter please call our charity office on 0161 727 2217

For Your Information!

The charities office is delighted to now have a fundraising information pack available to anyone interested in helping support the children's hospitals. The pack gives information on the hospitals, details of other charities already supporting us as well as fundraising guidelines to help individuals make a success of their event.

We can also offer posters to registered fundraisers to help make the most of your hard work, so please contact us on 0161 727 2217.

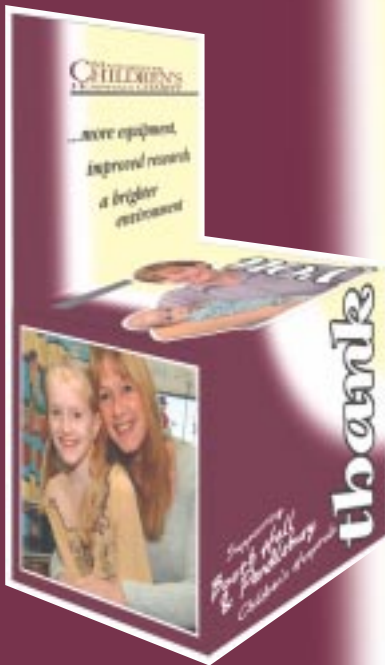
Keeping In Touch

We are always delighted to hear from you about what you are doing to support Booth Hall and Pendlebury Children's Hospitals.

From sponsored head-shaves to parachute jumps, or just traditional collections, you know how much we value your support. This newsletter is a wonderful way for us to say "thank you" and show others your success!

Please send us photos and stories for us to feature.

The next edition will be available in October 2003, so please send any articles to be featured to Suzanne Stolberg at the charity office.



Collecting Cubes Stack Up!

Enclosed with this newsletter you will find our new Collecting Cube. This allows you to help us with our fundraising with minimum effort! You could leave your cube:

- **In the kitchen, so the family can contribute their unwanted small change.**
- **By your bed, when you empty your pockets at the end of the day.**
- **At work, on your desk.**
- **In a staff room, so colleagues can contribute.**

Remember that it cannot be left in a public place!

Once it is full, all you need to do is forward a cheque for the amount collected.

By helping us this way your contribution, no matter how small, allows us to continue to support the vital work of Booth Hall and Pendlebury Children's Hospitals.

PS If your copy of Thank You doesn't come with a cube we'll be delighted to send you one – contact the Appeals Office on 0161 276 4522



The delicate subject of legacies is something that is often difficult to raise with supporters, but wills are becoming an important source of income for many charities – legacies contribute around £1.5 billion a year nationally to a variety of organisations.

It has been shown that only 13% of wills contain charitable bequests, although around 60% of the UK population say they donate to charity during their lifetime. Supporters have no objection to leaving charitable legacies but sadly, they often simply never get round to organising it.

Remembering us in your will is a wonderful way of ensuring that the support you have shown us in the past continues to help children in the future.

If you would like any further information about legacy donations please contact our charity office on 0161 727 2217.

How Your Money Has Helped...

Over the last year, the results of your fundraising have been put to very good use at the Children's Hospitals.

The Intensive Care Unit at Pendlebury has purchased several pieces of equipment, such as an additional neonatal ventilator and two transducers which allow a variety of blood pressure readings to be taken on the poorest of children. In addition, they have also had computer software installed that allows clinicians to access CT images from the X-ray Department during the night or at weekends.

On the non-medical side, we have also been able to purchase several Bubble Tubes for the Play, Education and Therapy Department that works across both sites.

At Booth Hall, we have been able to provide additional parental accommodation for those families who have had to travel a great distance and need to be near their little one.



The Willink Genetics Unit has been able to purchase a computer to help them in their biochemical research work.

In addition there have been many smaller but equally important projects that your money has been used towards – from new curtains on the neurosurgery ward to games, toys and computer software. The money you raise is put towards helping us purchase much needed extra equipment and services.

Planning For The Future Needs Of Our Patients

The new hospitals development, planned for completion in 2007, will create a new centre of excellence within a modern, purpose-built healthcare facility for the people of Greater Manchester, the North West and for some services nationally and internationally.

The development will bring together many clinically related services and will separate emergency and elective patient facilities to ensure effective and efficient care. The development will provide the opportunity to avoid unnecessary duplication of services and facilities, achieve maximum use of space, minimise expenditure on unsuitable estate and implement a clear strategic estate plan. New buildings and in particular a new children's hospital providing specialist children's services, will improve both the clinical and environmental experience for patients.



Proposed Children's Hospitals Entrance.



The new children's hospital will offer a dramatically improved service. It will retain a separate identity but within the context of a Trust-wide culture. Services include:

- A new burns unit, mental health ward, dedicated rehabilitation facility, transitional care ward and new adolescent facilities.
- Accommodation will be available for parents who wish to stay overnight.
- Many children currently have appointments at more than one hospital. A recent audit revealed that 18,000 children have more than one set of medical records kept in different hospitals. The development will eradicate the duplication of records and ensure swift and easy access to a patient's notes during treatment.

What will happen to Booth Hall and Pendlebury Hospitals?

In the short term we are spending £1.9 million to ensure that children continue to receive the best possible hospital care right up to the relocation of specialist services from the Children's Hospitals to a new building on the central site in 2007. We believe that the last child at Booth Hall or Pendlebury is just as important as the first child at the new hospital. Afterwards, general services will continue to be provided locally for children in Salford and North Manchester. No decisions have been made yet about how the old hospitals' buildings will be used.



Trust Wide Issues

Here are just brief outlines of developments across the Central Manchester and Manchester Children's University Hospitals NHS Trust...

Casualty Waiting Times Set To Be Reduced

Thanks to £172,000 of funding, those patients attending the A & E Department at the Manchester Royal Infirmary will now find themselves assessed upon arrival, and then streamed into a dedicated team of staff who will not be called away if a patient with a more serious condition arrives later.

The money has been used to not only build a new dedicated treatment area for those with minor injuries or illnesses, but also to train Emergency Nurse Practitioners who will work in the unit.

Heart Surgeons Racing Ahead

Heart surgeons at the Manchester Heart Centre have been working into the night as well as at weekends to reduce the waiting list for operations. Now they have hit new government targets – three months ahead of schedule!

This means that the longest you will have to wait for heart surgery is nine months.

Other improvements have included a screening team of specialist nurses to prepare patients for surgery and increased staff in intensive care to aid recovery.

Toyah Thanks The Trust!

Even though her Coronation Street character has moved on, actress Georgia Taylor continues to show her support for the staff at Saint Mary's Sexual Assault Referral Centre who helped her during the filming of Toyah's rape storyline.

Before the high profile storyline was filmed, Georgia spent a great deal of time with the counsellors and staff at the Centre in order to portray Toyah's ordeal as realistically and sympathetically as possible. Georgia was so impressed with the work carried out by the staff that she has privately kept in touch with them since.

Her support for their work has even involved getting behind some fundraising to support the services offered, and recently during a personal appearance at a store opening Georgia asked those members of the public who wanted an autograph to make a small donation.

Georgia's bright idea certainly paid off – and she handed over a cheque for £450 to Clinical Director Dr Raine Roberts.

How to make a Donation



Please return this section if you require further information:

- International Challenge Events
- Fundraising Information Pack
- Legacy donation

I would like to make the following donation towards the Manchester Children's Hospitals Charity: £

Name: _____

Address: _____

Postcode: _____ Tel No: _____

How did you receive this copy of "Thank You" ?

Please return this section to increase your past donations by 28%

First Name: _____ Surname: _____

Address: _____

Postcode: _____

I want all donations I've made since 6 April 2000 and all donations in the future to be Gift Aid until I notify you otherwise.

To qualify for Gift Aid, what you pay in income tax or capital gains tax must at least equal the amount we will claim in the tax year.

Signed: _____

Please return to:

The Charities Office
Royal Manchester Children's Hospital
Hospital Road
Pendlebury
Manchester M27 4HA
Registered Charity Number: 1056629

Any comments or queries?
Please contact the Appeals Office on 0161 276 4522